

# REGISTRATION

Please fill in the blanks, mark the type of swimming style and rank. Afterwards give the registration to our swimming instructor.

Name, surname: \_\_\_\_\_

Room number: \_\_\_\_\_ Departure: \_\_\_\_\_

E-mail: \_\_\_\_\_ Mobile: \_\_\_\_\_

## Swimming styles:

Breaststroke:

Backstroke:

Freestyle:

Butterfly:

## Rank:

Beginner:

Advanced:

Competitor:

Triathlete:

Please select	3x 60 min.	6x 60 min.
1 Group lessons		
2 Double training		
3 Individual training		

The lessons take place in the Olympic swimming pool or in the big pool of the Apart Hotel. You schedule your appointments directly with the instructor or in the sports office. If you can't show up because you are ill, cancel your lesson at least 4 hours before at the reception (written notification) or speak with the teacher personally (in case of an excursion: 1 day before). Please note that without a cancellation you need to pay the full lesson.

Please appear 10 minutes earlier than the lesson starts. Cover your body with sun cream and bring your bathing suit, towel and warm clothes for afterwards.

I accept all mentioned conditions and confirm that I am free of any serious diseases (e.g. heart disease, organ damage). Using the pool only with a swim cap!

Date: \_\_\_\_\_

Signature: \_\_\_\_\_



# Faster than others!!!

with us

**Hotel Las Playitas**

**SHARKY SWIMMING SCHOOL**

## INFORMATION

Take the chance and learn how to swim or improve your swim style during your vacation. Gentle conditions and daily practice guarantee the highest level of progress.

**Beginner:** Face to face lessons provide fun with your very own swimming instructor. You will start to learn a new swimming style with great facility.

**Advanced:** Improve your technique with us. Learn how to glide smoothly through the water or learn how to crawl easier and faster.

**Competitor:** We find the seconds you are missing. We remove your mistakes and improve your technique, strength, power and mobility. We also work on your racing dives, underwater dolphin kicks and turns.

**Triathlete:** Getting more results from less work! Find out how to crawl the easiest way to save energy. We are improving your speed and swimming skills for the next triathlon.

**Trainings equipment:** Our trainings equipment for the courses consists of Power Fins, Paddles, Kickboards, Pull Buoys and Goggles.

The courses take place daily, except Saturday, in the Olympic pool (swimming cap required) or in the big pool of the Apart Hotel.

**Meeting Point:** Every day, except on Saturdays, at 11:00 a.m. at the sports office.



## PRICELIST

<b>1 Group lessons (3-6 persons), adults price per person ´60 min</b>			
<ul style="list-style-type: none"> <li>• Crawl BASIC or crawl COMPETITION</li> <li>• Entry 6 days per week possible</li> <li>• Training in the Olympic pool</li> </ul>			
3x 60 min.:	<b>89,00 €</b>	6x 60 min.:	<b>169,00 €</b>

<b>2 Double training (2 persons), adults price per person ´60 min</b>			
<ul style="list-style-type: none"> <li>• All ranks</li> <li>• Every style possible</li> <li>• Training in the Olympic pool or in the big pool of the Apart Hotel</li> </ul>			
3x 60 min.:	<b>119,00 €</b>	6x 60 min.:	<b>225,00 €</b>

<b>3 Individual training, ´60 min</b>			
<ul style="list-style-type: none"> <li>• All ranks</li> <li>• Every style possible</li> <li>• Training in the Olympic pool or in the big pool of the Apart Hotel</li> </ul>			
3x 60 min.:	<b>169,00 €</b>	6x 60 min.:	<b>329,00 €</b>

[www.matchpoint-world.de](http://www.matchpoint-world.de)

